

Cougars Den

BREAKFAST (Until 12pm)

Birdie Bun \$8.95

2 eggs, cheese, ham or bacon served on a kaiser bun

Breakfast Wrap \$9.95

2 eggs scrambled, 2 strips of bacon, onions, peppers & cheese. Served with side of salsa

Build your own Omelette \$15.95

Choose 3 items

Feta cheese, cheddar cheese, mozza cheese, bacon, ham, red onion, tomato, mushroom, peppers, green onion. **Served with toast and hash browns**

Cougar Creek Breakfast \$15.95

2 eggs, bacon or ham or sausage, hash browns & toast

Steak & Eggs \$19.95

6 oz. Rib Eye, 2 eggs, hashbrowns & toast

Cinnamon French Toast (3) \$14.95

Served with butter and syrup

Sides:

Bacon, Ham or Sausage \$4.75
 Hash browns \$4.75
 Toast & Jam (brown, white, rye) \$4.75
 1 egg \$3.00

STARTERS

Cougar Creek Nachos GF \$22.95

Nachos, cheese, banana peppers, tomato, black olives & green onion. Served with Salsa and sour cream

Extra salsa or sour Cream \$3.00

Add beef or chicken \$5.00

Beef Sliders (3) \$15.95

Cheese, onion, pickles, chipotle aioli on mini brioche buns

Pulled Pork Sliders (3) \$15.95

Our in- house homemade Bourbon BBQ sauce, mozza cheese, Coleslaw and pickle

Fish Tacos (3) \$15.95

Honey slaw, pickled onion, lime aioli, cilantro, feta cheese & lemon wedge

Potato Skins (5) GF \$15.95

Crispy skins, melted cheese, bacon, green onion, side of salsa and sour cream.

Garlic Butter Steak Bites \$15.95

Served with bleu cheese or garlic aioli

Thai Chicken Bites \$15.95

Breaded, deep fried chicken bites shaken in sweet chili Thai sauce, topped with sesame seeds & dry chow mien noodles

Chicken Wings \$17.95

hot, honey hot, buffalo ranch, BBQ, lemon pepper, honey garlic, salt and pepper

Dry Garlic Ribs \$15.95

Poutine \$10.95

Loaded Poutine \$12.95

Sweet Potato Fries \$8.95

Onion Rings \$9.95

Fries \$7.95

Soup of the Day \$6.95

Side Caesar \$6.95

Side Garden Salad \$6.95

Balsamic, ranch, Italian or 1000 island

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SALADS & WRAPS

Caesar Salad	\$13.95	Chicken Caesar Wrap	\$16.95
Served with garlic toast		With fries or soup	
Add grilled chicken breast	\$5.00		
Taco Salad	\$16.95	Cajun Chicken Wrap	\$15.95
Romaine, diced tomato, green onion, cheese and taco meat (beef or chicken), salsa & sour cream		With fries or soup	
Pickled Beet and Feta Salad	\$15.95	Cilantro Lime Chicken Wrap	\$16.95
Greens, peppers, red onion, topped with pickled beets, feta cheese and pecans, served with a side of our creamy house dressing	GF	Crispy chicken, taco rice, corn, peppers, cucumber, lettuce and cilantro lime aioli	
Cougar Chef Salad	\$18.95	Taco Beef Burrito	\$16.95
Ham, Turkey, cheese, egg, tomato, peppers, green onion, cucumber		Taco meat, taco rice, corn, black bean, cheese, salsa and sour cream	
Mediterranean Salmon Salad	\$19.95	Quesadilla	\$17.95
Seared seasoned Salmon Fillet, feta cheese, romaine lettuce, red onion, tomato, black olive, quinoa & lemon vinaigrette on the side	GF	Chicken or Beef, cheese, tomato, green onion, peppers, banana peppers, side of salsa & sour cream. Served with fries, soup or salad	
		Pulled Pork Quesadilla	\$18.95
		Pulled pork, cheese, peppers, onion, Bourbon BBQ Sauce on the side, with fries, soup or salad	

BURGERS & HANDHELDS (includes fries, soup or salad)

Cougar Burger	\$17.95	Clubhouse Sandwich	\$17.95
Bacon, cheese, Alberta beef patty, lettuce, tomato, onion, garlic aioli & relish		Triple decker, turkey, ham, bacon, lettuce, tomato, cheese & mayo	
Mushroom Mozza Burger	\$17.95	Hangover Burger	\$18.95
Fresh grilled mushrooms, shredded mozza cheese, lettuce, tomato, onion & chipotle aioli		6 oz Alberta beef patty, bacon, cheese, soft fried egg, lettuce, tomato, onion & garlic aioli	
Chipotle Chicken Burger	\$17.95	Philly Beef Dip	\$18.95
Grilled chicken breast, melted mozza cheese, lettuce, tomato, red onion & chipotle aioli		Generous portion of shaved roast beef, caramelized onions, melted cheese, horseradish aioli on a grilled panini bun	
BLT Sandwich	\$14.95	Cranberry Turkey Mozza Sub	\$16.95
Bacon, lettuce, tomato & mayo		Chicken Bacon Ranch Sub	\$16.95
Grilled Rueben Sandwich	\$18.95	Pizza Sub	\$16.95
5 oz Corned Beef, Swiss Cheese, Sauerkraut on grilled Rye Marble Bread			
Grilled Cheese & Fries	\$12.95		
Add ham or bacon	\$2.00		

ENTREES

8oz Steak Sandwich	\$24.95	Ginger Beef	\$19.95
Garlic toast with fries and a vegetable		Crispy strips of beef tossed in an orange ginger sauce with peppers, onions & carrots on Jasmine rice	
Chicken Strips with Fries	\$17.95		
Served with your choice of dip		Teriyaki Salmon Rice Bowl	\$19.95
Fish & Chips	\$17.95	Grilled and seasoned salmon, jasmine rice & seasonal grilled vegetables	
Deep-fried battered fish, fries, honey slaw, tartar & lemon wedge			



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WHITE WINE

Oxford Landing Chardonnay (Australia)

Whisper of oak, citrus, lemon myrtle, honey and Peach

6 oz Glass \$8.95 9oz Glass \$11.95
Bottle \$ 29.95

Kim Crawford Sauvignon Blanc (New Zealand)

Fruity Aroma with hints of green apple, Asian pear and pineapple

6oz Glass \$11.95 9oz Glass \$14.95
Bottle \$43.95

Jacobs Creek Moscato (Australia)

Spritzed with sherbet flavour, balanced with a soft fruit sweetness

6oz Glass \$8.95 9oz Glass \$11.95
Bottle \$29.95

Ruffino Pinot Grigio (Italy)

Bouquet is fresh and complex, hints of sage, mint and notes of lemon peel

6oz Glass \$9.95 9oz Glass \$12.95
Bottle \$36.95

CHAMPAGNE

La Marca Prosecco

Medium Sweetness, on the drier side with flavours of apple, grapefruit and peach

6oz Glass \$9.95 9oz Glass \$11.95
Bottle \$38.95

ROSE

Kim Crawford Pansy Rose (Australia)

Strawberry/raspberry flavours, dry, well balanced with a medium finish.

6oz Glass \$11.95 9oz Glass \$14.95
Bottle \$43.95

RED WINE

Kim Crawford Pinot Noir (New Zealand)

Aromas of cherries and flowers, very smooth and delectable.

6oz Glass 11.95 9oz Glass \$14.95
Bottle \$43.95

Wente Hills Cabernet Sauvignon (California, USA)

Aromas and flavours of Bing cherry, black cherry, raspberry and blackberry, coffee and chocolate.

6oz Glass \$8.95 9oz Glass \$11.95
Bottle \$29.95

Wente Sandstone Merlot (California USA)

Aromas and flavours of strawberry, cherry, blackberry and fig with hints of toast, brown sugar and spices.

6oz Glass \$9.95 9oz Glass \$12.95
Bottle \$36.95

Luigi Bosca Malbec Reserve (Argentina)

Notes of vanilla, raisins, blueberry & toast

6 oz Glass \$10.95 9oz \$13.95
Bottle \$38.95

LIQUOR MENU (GST included)

Highballs (10z.)	\$7.00
Premium Highballs (1 oz.)	\$7.50
Scotch	\$12.00
Domestic Beer	\$6.50
Import Beer	\$8.00
Tall 473ml Beer	\$8.50
Coolers / Seltzer	\$7.00
Draught Pint	\$7.95
Draught Pitcher	\$21.95